

Education International (EI) and the World Health Organisation (WHO)

Training And Resource Manual On School Health And HIV/AIDS Prevention

Prepared for EI and WHO

by

Health and Human Development Programs, Education Development Center, Inc. (EDC), the WHO Collaborating Center to Promote Health through Schools and Communities

With the collaboration of CDC, UNAIDS, UNESCO, UNICEF, FNV

March 2001

Education International (EI) and the World Health Organisation (WHO)

Table of Contents	
1.	Acknowledgements
2.	Introduction and Purpose
3.	Education International's Resolutions and Recommendations on Health Promotion and Education for HIV Prevention
4.	 Participatory Learning Activities for HIV Prevention Introduction Tips for Dealing with Difficult Situations in the Classroom Sample Icebreakers CHECKLIST: Things To Consider Before Designing A Workshop and Conducting the Activities Contained in This Manual Participatory Learning Activities for HIV Prevention Participatory Learning Activities for Adults to Reduce Their Risk for HIV Infection Strengthening Teachers' Skills to Advocate and Build Support for Effective HIV Prevention in Schools Eleven Developmentally Appropriate Skill-Building Activities for Young People: Young Children, Pre-Adolescents and Adolescents
5.	Common Questions and Controversies Concerning HIV and Suggested Responses
6.	Fact Sheets about AIDS
7.	UNAIDS Data
8.	National and Local HIV/AIDS Information
9.	National and Local Policies and Practices
10.	The Important Role of Trade Union Leaders, Their Constituency, Teachers and Students in HIV/AIDS/STI Prevention
11.	Overview of Skills-Based Health Education and Life Skills

12. Appendices:

- A. Supplementary Materials for Activities
 - Overheads to introduce activities
 - Evaluations
 - New Activity Templates
- **B.** Resources
 - ⁻ DLocal Action: Creating Health Promoting Schools
 - WHO Information Series on School Health, Document Six Preventing HIV/AIDS/STI and Related Discrimination: An Important Responsibility of Health-Promoting Schools
 - ⁻ DPrevention of HIV Infection
 - Universal Precautions to Prevent Transmission of HIV
 - Supplies for Preventing HIV Transmission When Accidents Happen in School
 - 🛛 Bibliography

PREFACE

In the last 20 years, over 20 million men, women and children have died of AIDS. Over 3 million in 2002 alone. Today, an estimated 42 million people are HIV/AIDS infected. In Sub-Saharan Africa alone 30 million people are HIV/AIDS infected. More than 3 million of them are children. Over 13 million children have lost a father, a mother or both to AIDS. By 2010 the number of AIDS orphans will double.

The epidemic is spreading rapidly across the globe. India has 4 million infected, though the unofficial figures are four times higher. HIV/AIDS is now also a leading cause of death in many Caribbean countries.

These figures are indeed dramatic. And as teachers we are very much aware that behind the data and the statistics is a human drama. Of the individual human being. Of the student who's lost a mother. The pupil who's lost a brother. All of these individual tragedies are to be put on the scale of millions of families that are in grief. HIV/AIDS is destroying the social fabric of thousands of villages and is destabilising many societies world-wide. AIDS is shattering young people's opportunities for leading normal healthy adult lives.

The impact of HIV/AIDS on the education sector is dramatic. In some countries the number of teachers trained to enter the profession is less than the number of teachers that die of AIDS. Absenteeism due to AIDS-related illnesses represent a major loss to education systems. This has a direct negative impact on the quality and efficiency of education. Costs made to finance the education system will increase considerably due to AIDS. The number of children out of school because of HIV/AIDS affects over 4 million families. More and more households are child-headed.

Adapting to AIDS necessitates significant changes. Teachers must be enabled to deal with this topic within the school environment. Teachers must be in the forefront to breaking the silence.

Over the last two years EI has worked with the World Health Organisation, UNESCO and various other cooperating organisations, to strengthen the capacity of teacher union leaders and their constituency in about 20 countries in Southern and Western Africa. The programme is comprised of advocacy, training in the school environment, working with adults: all efforts are focused on help in gaining knowledge, on adopting life skills, on promotion of changes in behaviour. This, with the purpose to prevent the further spreading of this deadly virus.

Practice shows that this manual plays a crucial role in these activities. It has been copied and adapted by many outside the EI/WHO programme.

Teachers are a window of hope in a world with AIDS. Let us all work hard to enable teachers to make the difference.

Fred van Leeuwen El General Secretary

Education International (EI) and the World Health Organisation (WHO)

This document can be freely reproduced and translated, in part or in whole, but not for sale or for use in conjunction with commercial purposes. However credit should be given to EI/WHO and copy to be sent to the Secretariat.

© Education International/World Health Organisation, 2001

Education International 5, Boulevard du Roi Albert II 1210 Brussels Belgium Tel: +32.2.224.06.11 Fax: +32.2.224.06.06 E-mail: headoffice@ei-ie.org Website: www.ei-ie.org

World Health Organisation 20, Avenue Appia 1211 Geneva 27 Switzerland Tel: +41.22.791.21.11 Fax: +41.22.791.31.11 E-mail: info@who.int Website: www.who.int

Education International (EI) and the World Health Organisation (WHO)